

WEST DISTRICT RELAY CHAMPIONSHIPS

Lenzie

Men

1 Clydesdale Harriers 53:22 (E Calvert 13:13, D Roache 13:30, G Graham 13:17, J Austin 13:22); 2 Shettleston Harriers 53:30 (A Little 13:46, D Cameron 13:29, W Coyle 13:23, G Wight 12:52); 3 Kilbarchan AAC 53:42 (R Fitzsimmons 13:17, T Anderson 13:32, T Hearle 13:58, R Quinn 12:55); 4 Cambusland Harriers 53:55; 5 Greenock Glenpark Harriers 55:44; 6 Victoria Park AAC 55:50; 7 Clydesdale Harriers 56:11; 8 Cambuslang Harriers 56:31; 9 Irvine AC 56:41; 10 Kilbarchan AAC 57:28; 11 J W Kilmarnock Harriers 57:50; 12 Greenock Glenpark Harriers 57:53; 13 Shettleston Harriers 57:54; 14 Springburn Harriers 58:24; 15 Ayr Seaforth AC 58:25; 16 Cambuslang Harriers 58:28; 17 IBM Spango Valley AC 58:33; 18 East Kilbride AAC 58:51; 19 Dumfries R C 58:56; 20 Ayr Seaforth AC 59:08

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1 Kilbarchan AAC 28:01 (P Arcari 9:53, P Dailly 9:18, D Greig 8:50); 2 Cambuslang Harriers 28:38 (P McNally 10:46, J Kealy 8:59, G Ferguson 8:53); 3 J W Kilmarnock Harriers 28:50 (D Shannon 10:19, A

McCutcheon 9:06, J Goldie 9:25); 4 Ayr Seaforth AC 29:00; 5 East Kilbride AAC 29:13; 6 Cambuslang Harriers 29:25; 7 Cambuslang Harriers 29:33; 8 Giffnock North AAC 29:40 9 Kilbarchan AAC 29:44; 10 Larkhall YMCA Harriers 29:47; 11 Kilbarchan AAC 29:50; 12 Kilbarchan AAC 30:02; 13 Cambuslang Harriers 30:13; 14 Law & District AC 30:36; 15 Victoria Park AAC 30:37; 16 Shettleston Harriers 30:39; 17 Giffnock North AAC 30:43; 18 Cambuslang Harriers 30:49; 19 Cambuslang Harriers 30:54; 20 Giffnock North AAC 30:59

Women

1 City of Glasgow AC 49:09 (S Fairweather 16:31, A MacPhail 16:19, S Branney 16:19); 2 Shettleston Harriers 50:32 (E McBrinn 16:12, E Reid 17:02, A M Hughes 17:18); 3 City of Glasgow AC 52:37 (E Walker 17:30, J McDevitt 17:58, J Thomson 17:09); 4 Irvine AC 55:01; 5 J W Kilmarnock Harriers 56:07; 6 Giffnock North AAC 56:35; 7 City of Glasgow AC 56:47; 8 Strathclyde University Harriers 56:55; 9 Kilbarchan AAC 59:52; 10 Greenock Glenpark Harriers 60:17; 11 Giffnock North AAC 63:55; 12 Irvine AC 67:48

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1 Irvine AC 33:26 (L McAulley 11:05, K Bryant 11:40, S McNairney 10:41); 2 Victoria Park AAC 33:52 (K Ayre 11:55, J Ross 10:45, L Whigham 11:42); 3 Gleniffer High School 34:11 (D Kerr 11:10, N Aitchison 11:20, N Smith 11:41); 4 City of Glasgow AC 34:34; 5 Maryhill Harriers 34:47; 6 City of Glasgow 35:12; 7 Kilbarchan AAC 35:16; 8 Kilbarchan AAC 35:45; 9 East Kilbride AAC 36:14; 10 City of Glasgow AC 37:09; 11 Victoria Park AAC 37:16; 12 Giffnock North AAC 37:58; 13 Giffnock North AAC 38:23; 14 Garscube Harriers 39:39; 15 Giffnock North AAC 40:22; 16 City of Glasgow AC 40:43